



Created by  
Vermont Works for Women

**2016 CAMPS: JUNE 20-24 OR JULY 11-15**

FOR GIRLS ENTERING GRADES 9-10

Rosie's Girls Overnight Leadership Camp  
Vermont Tech, Randolph Center Campus

## Typical Camp Daily Schedule

TIME	ACTIVITY
7-8 am	Breakfast and morning wake-up stretch (gentle yoga/stretching/walk)
8 am	Opening program activities
8:30 am	STEM and/or trades activities
12 noon	Lunch
12:45 pm	Games and initiatives
1:30 pm	STEM and/or trades activities
4 pm	Physical - Creative - Leadership
5:15-6 pm	Dinner (with break after dinner before activities)
6:30-9:30 pm	Leadership - Arts & Creative Expression - Girl's World - Careers - Games
9:30 pm	Relax - Reflection - Sharing - Quiet Time
10:30 pm	Lights Out